

A Morning Prayer for Lent 3



Introit:

He will call to me and I shall answer
with freedom and honour and length of days.
He will call to me. He will call to me.

Let us pray

God, our Father,
your will is that everyone be saved and no-one be lost.
You draw us to yourself by prayer and penance.
Grant that we may so follow Christ in love that our lives may help others
and our weakness never hinder them.
We make this prayer in his name,
Jesus the Christ, our Lord.
Amen

O God, come to our aid: O Lord, make haste to help us.

Glory to the Father, glory to the Son,
glory to the Holy Spirit now and for ever.
Amen.

Psalm 94

Response

Li - sten to the voice of God, hard - en not your heart.

Come and sing with joy to God! Hail the rock who saves us!
Come before him giving thanks, praise the God who made us.
Listen to the voice of God. Harden not your hearts.

Come, adore on bended knee, praise the God who made us!
Praise the shepherd of our flock, praise the hand that leads us.
Listen to the voice of God. Harden not your hearts.

"Do not put me to the test, doubting like your fathers
In the desert long ago, when they tried my patience!"
Listen to the voice of God. Harden not your hearts.

You have seen how I bore you on eagle's wings and brought you to myself. Now therefore, if you will obey my voice and keep my covenant, you shall be my own possession among all peoples, for all the earth is mine, and you shall be to me a kingdom of priests and a holy nation.

Benedictus verse 1

Blest be the Lord the God of Israel,
who came to us and brought us back from sin.
God raised for us a Saviour who is mighty;
his Saviour-Son from David's house and line.
God promised this through holy men and women
who spoke for him down through the mists of time.

Intercessions

Christ our Lord came among us as the light of the world
that we might walk in his light
and not in the darkness of death.
Let us praise him and cry out to him:
Glory be to God who has shown us the light.

God of mercy, help us today to grow in your likeness,
that we who sinned in Adam
may rise again in Christ.
Glory be to God who has shown us the light.

Let your word be a lamp to guide us
that we may live the truth and grow always in your love.
Glory be to God who has shown us the light.

Teach us to be faithful in seeking the common good for your sake,
That your light may shine on the whole human family
by means of your church.
Glory be to God who has shown us the light.

Touch our hearts to seek your friendship more and more
and to make amends for our sins
against your wisdom and goodness.

Glory be to God who has shown us the light.

Our Father, who art in heaven

Let us pray

Purify us, almighty God,
through our wholehearted effort to renew our lives
so that we may approach the coming festival
with single-minded devotion through our Lord Jesus Christ,
your Son, who lives and reigns with you
in the unity of the Holy Spirit,
God for ever and ever.

Amen.

May the Lord bless us and keep us from all harm; and may he lead us to
eternal life.

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