

**MP Friday 2 January 2015**



**from Psalm 68**

Hear my prayer, answer me, Lord, turn to me in your goodness.  
Hear my prayer, answer me, Lord, turn to me in your love.

Let us pray

Father of us all,  
we thank you for the guidance you offer us  
in the psalms, the scriptures,  
and in the life of your people.  
Give us the strength to follow your ways.  
We ask this through Christ our Lord.  
Amen.

Psalm 120

Guard me, Lord, Enfold me in peace. Bless your servant, Lord.

I look up to the hills on high. Where can I find help?  
Lord of the Earth! Lord of the Skies! come down, enfold me in peace.  
**Guard me, Lord, Enfold me in peace. Bless your servant, Lord.**

All my help comes from God the Lord, who made heav'n and earth.  
He does not fail, He stays awake. Guards me, surrounds me with Love.  
**Guard me, Lord, Enfold me in peace. Bless your servant, Lord.**

God protector of Israel never sleeps on guard.  
Be at my side! Guard me with love Lord, in your shadow I lie.  
**Guard me, Lord, Enfold me in peace. Bless your servant, Lord.**

From all evil He keeps me safe. He will guard my soul.  
No sun by day, no moon by night. Nothing can harm where I lie.  
**Guard me, Lord, Enfold me in peace. Bless your servant, Lord.**

Short reading

**Isaiah 49:8-9**

I have formed you and have appointed you as a covenant of the people, to restore the land and distribute the estates that lie waste, to say to prisoners, 'Come out', to those who are in darkness, 'Show yourselves.'

#### **Canticle Benedictus vs 4**

And you, my child, are favoured by the Most High:  
you shall be called a prophet of our God.  
You shall go forth as herald from the Lord,  
and shall prepare the ways on which he comes.  
You shall make known the wonders of salvation  
to everyone called chosen by the Lord.

#### **Prayers and Intercession**

Christ is the new Adam, breathing new life into the human race.  
Let us turn in prayer to him, saying: – *Kyrie, eleison.*

Christ, Sun of righteousness,  
you brought the old Covenant to its fulfilment:  
pour out your light upon us also in our time. – *Kyrie, eleison.*

Christ, at your birth the angels sang of glory in heaven  
and peace on earth:  
may your peace spread throughout the world,  
especially just now in the Middle East and Africa. – *Kyrie, eleison.*

Christ, as the new Adam you renewed our human nature and  
prepared a place for us in your kingdom:  
may those bowed down by troubles and anxiety stand up straight,  
filled with hope in you. – *Kyrie, eleison.*

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

Let us pray

God our Father,  
you enriched your Church  
and gave examples for us to follow  
in the life and teaching of Sts Basil the Great and Gregory Naziazan.  
Grant that, learning the truth,  
we may practise it in faith and love.  
We make our prayer  
through our Lord Jesus Christ, your Son,  
who lives and reigns with you  
in the unity of the Holy Spirit,  
God for ever and ever.

**Amen**

May the Lord bless us and keep us from all harm;  
and may he lead us to eternal life.

**Amen**

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